

# South Tour

with visit to the mangrove and camping night



**Departure from the City: 8:30**

**Towards Roça Água Izé** – It was the first Plantations (“Roças”) receiving cocoa seeds in São Tomé. Once was the biggest “Roça” of the country. Today there are only warehouses, slave houses, houses of the settlers, fields, administration facilities, hospital, dryers and factories, remaining from the old times. Located close to the seaside is today home to about 4 thousand persons.

**Boca do Inferno** – It is a natural phenomenon that occurs when the waves go through a narrow ravine that ends in a cave open on the top. This way the water is forced to get out through the aperture creating a jet of water that rises in the air.

**Sete Ondas Beach** – Amazing! Between May and October, due to the favorable orientation of the Gulf Stream, it has the particularity of bringing together excellent conditions for practice nautical sports, such as Surf, Bodyboard and Sailing.

**Micondó Beach** – It is easily accessible from the road, provides us such a wonderful view that is capable of elevate us to another dimension.

**Roça S. João dos Angolares** - It has the colonial building reconstructed. The view above the forest and the sea makes the perfect environment to taste the delicious dishes prepared there by the great chef João Carlos Silva. It's also possible to enrich the spirit with books and the remaining works of art.

**Iô Grande River** – One of the biggest rivers of the Island. Its origin is in the Lagoon which is a water fun center for the locals.

**Pesqueira waterfall** – Beautiful waterfall for refreshing yourself.

**Malanza** - It is where is located the river with the largest estuary of the island. Malanza River is called by locals “Malandro” that means roguish, because the behavior of this river currents vary with the tides. In this River there are many fluvial islets. Malanza is a local of richness both in terms of fauna and flora: has the biggest mango grove of the archipelago, among the fauna it is possible to observe water hens, sea ducks, herons or monkeys in trees feeding themselves with tropical fruits. Usually boat tours are organized in canoes connecting the coast and the interior. Later in the day is the ideal schedule to go on these tours.

**Porto Alegre** – typical fishing village!

**Resort, Praia Inhamé** – Maybe the most beautiful beach of the Island!!! Be careful with the falling coconuts!!!

**Piscina Beach** – Interspersed by rocks that turn possible the observation of amazing geysers. It is a beach of white sands, located at the bottom of a cliff, hidden among the vegetation, considered by many as the most imposing beach of the island.

**Jalé Beach**– Magnificent beach with overlooking a small rock-islet, where is observable a colony of bats the overnight there. The marine fauna is one the greatest tourist attractions of the south. The warm waters with lots fish species, beautiful corals, turtles, tunas, whales, dolphins, swordfishes make this an hotspot for divers, observers and scientists.

**Camping Night** - Dinner and sleep on the beach is an experience that puts us in full contact with nature. You will enjoy a meal prepared by our guide in a camp fire.

**Meals Included.**

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- 6 Iô Grande River
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- 9 Porto Alegre
- 10 Resort Praia Inhame
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